



# Llifogydd a'ch teulu chi Flooding and your family

## Tri cham paratoi at lifogydd

Gall llifogydd ddigwydd ar unrhyw adeg o'r flwyddyn, o amryw wahanol ffynonellau. Nid cartrefi'n unig sydd ym mherygl, ond hefyd fusnesau, ysgolion, cyfleusterau gofal plant, cartrefi gofal, ysbytai...mae'n rhestr faith.

Mae Asiantaeth yr Amgylchedd Cymru yn gweithio'n agos gyda'ch ysgol i sicrhau lles a diogelwch eich plentyn yn ystod llifogydd. Rydym wedi gofyn i'ch ysgol leol ein helpu i godi ymwybyddiaeth drwy ddosbarthu y daflen hon i rieni a gwarchodwyr y disgyblion.

Gofynnwn i chi ganlyn y tri cham syml isod er mwyn helpu paratoi'ch teulu chi at lifogydd.

### Cam 1 – Canfod

Ymwelwch ag [www.asiantaeth-amgylchedd.gov.uk/floodwales](http://www.asiantaeth-amgylchedd.gov.uk/floodwales) neu galwch Floodline ar 0845 988 1188 er mwyn cael gwybod a ydych mewn ardal tan fygythiad llifogydd.

### Cam 2 – Ymgofrestrwch

Os ydych ym mherygl, efallai y gallwch gael rhybuddion o flaen llaw rhad ac am ddim ynglŷn â llifogydd o'r afonydd neu'r môr. Gallai rhybudd o flaen llaw roi i chi'r amser angenrheidiol ar gyfer sicrhau fod eich anwyliaid chi'n ddiogel pan fo llifogydd.

### Cam 3 – Creu cynllun llifogydd personol

Gallwch lawrlwytho taflen cynllun llifogydd personol o'n gwefan. Cwblhewch hwn a chadwch o mewn lle diogel. Efallai y bydd angen i chi'i ddarllen o yn ystod llifogydd.

## Three steps to prepare for flooding

Flooding can happen at any time of year from many different sources. Flooding doesn't just affect homes, it affects businesses, schools, childcare facilities, care homes, hospitals - the list goes on.

Environment Agency Wales is working closely with your school to ensure the safety and welfare of your child during a flood. We have asked your local school to help us raise awareness through distributing leaflets to parents and guardians of pupils.

We ask you to follow the three simple steps below to help prepare your family for flooding.

### Step 1 - Find out

Visit [www.environment-agency.gov.uk/floodwales](http://www.environment-agency.gov.uk/floodwales) or ring Floodline on 0845 988 1188 to find out if you live in an area at risk of flooding.

### Step 2 - Sign up

If you are at risk you may be eligible to receive free flood warnings of possible flooding from rivers or the sea. An advance warning could give you the time you need to make sure your loved ones are safe during a flood.

### Step 3 - Complete a personal flood plan

You can download a personal flood plan template from the Environment Agency's website. Fill this in and keep it in a safe place as you will need to refer to it during a flood.

## Paratowch at lifogydd